



National Association of Women in Construction  
San Diego Chapter 21  
PO Box 880725  
San Diego, CA 92168

# The Hard Hat Newsletter

## Letter from the President's Desk

Wow, it is hard to believe that June is upon us! Nominations were announced at our May meeting and in just a few short weeks, we will be voting to elect next year's Officers and Directors. I hope everyone takes a moment to get to know each of the candidates that have stepped up to represent our chapter. We are very lucky to have a slate full of talented women who are passionate about enhancing the success of women in our industry. Bios on each candidate have been posted to our Chapter Facebook Page and will be coming by email, as well. Please take the time to read about each candidate so you can make an educated vote at our June Meeting.

In addition to elections, our PDE Chairs will be highlighting the many benefits of NAWIC and all the ways to get the most out of your membership. This is a great opportunity to learn about all the ways your NAWIC involvement can help you grow on a personal and professional level. It will also be a good time to learn about the different committees and decide where your talents can best be applied in the new NAWIC year!

Camp NAWIC is right around the corner and I am so excited to see this year's turn out! Thank you to our Camp NAWIC Committee and the volunteers who have spent months working out all of the details to make sure this event is a huge success. Thank you so much to our industry friends for your continued support and sponsorship. It really has been amazing watching this event grow, over the years and I just know this will be our best year yet.

Our Annual Conference in Atlanta will be held in August to wrap up this year and plan for the next. If you have never attended a regional or national conference, I highly recommend attending. The educational opportunities, connections and memories made at these events, are priceless.

With this NAWIC year, rapidly coming to a close, I want to take a moment to thank you all, for your support throughout my term. I have been blown away by the amazing board, committee chairs and members, I have been surrounded by this year. I couldn't be more grateful for the opportunity to serve, as your leader and look forward to continuing to serve our chapter, in the years to come. I hope you will all join me in wrapping our Incoming President, Kimberly Bell, in support, as she plans for her year!

*Ashley Carnevale*

Ashley Carnevale  
Tru-Duct Inc.  
NAWIC San Diego Chapter President

*Local chapters do not speak for NAWIC National.*

## Upcoming Events

**June Meeting**  
Tuesday, June 11, 2019

**Camp NAWIC**  
June 17 - 21, 2019

**3<sup>rd</sup> Annual NAWIC Golf Clinic**  
Wednesday, June 5, 12, 19, 2019

**10<sup>th</sup> Annual NAWIC Golf Tournament**  
Thursday, September 12, 2019

# June Chapter Meeting

## Maximizing Your NAWIC Membership: Building on Business, Professional and Educational Opportunities

**Tuesday, June 11, 2019, 5:30 pm - 9:00 pm**  
**Riverwalk Golf Club**  
1150 Fashion Valley Rd, San Diego, CA 92108

We will be VOTING for the 2019-2020 Board of Directors at this meeting. Make sure to review the candidate profiles on our chapter Facebook page <https://www.facebook.com/NAWICSanDiego/> to help you make an informed decision.

Bring a guest to the meeting so she can learn more about the many benefits of NAWIC. Your PD&E team, Lisa Thibodeaux and Alyssa Burley will launch into an informative and interactive presentation that will help you **Maximize your NAWIC Membership**. You will be able to take away insights for your company, yourself, and ponder your interests and involvement in the 2019-2020 NAWIC committees, opportunities, and events.

- Company Benefits
- Educational & Career Benefits
- Professional & Personal Growth

Register online at [www.NAWICSD.org/events](http://www.NAWICSD.org/events) or RSVP to [nawichospitality@gmail.com](mailto:nawichospitality@gmail.com).



## Events

### Camp NAWIC San Diego

**Calling all Girls Grades 8-12 for a Hands-on Construction Camp**  
**June 17 - 21, 2019, 8:00 am – 4:00 pm**  
**Location:** Associated General Contractors  
Apprenticeship Training Facility  
6212 Ferris Square, SD 92121

The National Association of Women in Construction is ramping up for Camp NAWIC 2019. Join us for a FREE, week-long summer day camp. Attendees have the opportunity to build take-home projects from the lessons in carpentry, electrical, solar energy, plumbing, and sheet metal. Operating heavy construction equipment and surveying are two of the favorite activities! Ladies, have fun with your friends for a whole week! At graduation on Friday, you and your parents are invited for a barbeque lunch and a grand celebration!

Support Camp NAWIC through volunteering and sponsorships. Learn more by clicking on each of the flyers to the right.

[Learn More →](#)



[Event Flyer](#)



[Sponsorship Flyer](#)



[Volunteer Opportunities](#)



[Breakfast Sponsorship Flyer](#)

### 3<sup>rd</sup> Annual NAWIC Golf Clinic

**June 5, 12, 19, 2019**  
**Location:** Riverwalk Golf Club  
1150 Fashion Valley Rd.  
San Diego, CA 92108

IT'S BACK! The 3rd Annual NAWIC Golf Clinic. This is the perfect introduction to golf for anyone who has wanted to learn, but didn't know where to start or just wants to brush up on their skills. Single class or a series of 3 courses offered. All courses include one hour of group golf instruction, clubs and balls (may bring your own clubs if you would like). Area of focus will be instruction on long swing, short swing, and putting.

**Clinic Dates**  
Putting: 6/5/19 5-6pm  
Short Swing: 6/12/19 5-6pm  
Long Swing: 6/19/19 5-6pm

**Cost:**  
\$28 per class or \$75 for series of 3



[Download Registration Form](#)

Pay with check or cash (Checks payable to NAWIC)

Please mail form & payment to: [Hailey@jgeyerplumbing.com](mailto:Hailey@jgeyerplumbing.com) or  
J Geyer Plumbing  
Attn: Hailey  
11722 Sorrento Valley Rd., Ste. J  
San Diego, CA 92121

## NAWIC 10<sup>th</sup> Annual Golf Tournament

**September 12, 2019, Noon Shotgun Start**

**Location:** Twin Oak Golf Course  
1425 N Twin Oaks Valley Road  
San Marcos, Ca 92069

### Golfers Receive:

- 418-holes of Golf with Cart
- Range Balls
- Appetizers
- Dinner
- 2 Drink Tickets

### Prices:

- \$600 - (Team of Four)
- \$150 - (Individual)
- \$100 - (Individual Member)



[Download Registration & Sponsorship Form](#)

For more information about the event or if you would like to make a donation, please contact Hailey Martensen at [hailey@jgeyerplumbing.com](mailto:hailey@jgeyerplumbing.com) 619-917-6406.

## Chapter News

### Committee Reports

**Hospitality, Attendance, and Welcome Desk Committee:** –Mariana Rosillo/ Carol Hutchinson The contract at Riverwalk for October - December of this year has not yet been renewed. Mariana and Shelby are viewing options.

**Professional Development and Education:** – Lisa Thibodeaux / Alyssa Burley June: Building on Your NAWIC Success: Leadership, Networking, and Mentorship

**Membership Committee:** – Kayla Shumate / Edna Rodriguez  
May New Members = 4

Total Current Members = 79

Active Members: 52

- Corporate Members: 21
- Associate Members: 3
- Student Members: 3
- Retired Member: 0

### Social Media – Helen Panebianco

May has been another month of steady growth for our social media pages. Our Facebook page is on the tails of 600 followers! The goal is to have us sitting at 600 followers by the end of June. Our Instagram is almost at 300 followers, gaining 8 followers in the last month. With our LinkedIn now being active, we're hoping to start networking there as well. The winner of the Anniversary Night Photo contest was announced; Kim Serrano unanimously won a pair of Hydroflask wine tumblers for her picture! Our #NAWIC21Election series is in full swing and will come to an end in early June with the election of our 2019/2020 board. We introduced a new mascot this month while at the PSW Spring Forum, Darla the Donkey will be popping up with Bully the bull from time to time so keep your eyes out, they may be heading to a job site near you. As always, if you have any events coming up, don't be shy to use social media to spread the word. Email Helen Panebianco with any content and what day you would like it posted to have it added to the calendar. Have a fantastic month everyone!

### Newsletter – Alyssa Burley

The monthly NAWIC newsletter is a great mechanism to send out information about upcoming events, past events and other chapter news. Submit your articles, photos and flyers to [aburley@ranchomesa.com](mailto:aburley@ranchomesa.com) by the last Friday of the month to ensure the news is included in the following month's newsletter.

### Mentoring – Linda Young / Melinda Dicharry

CAMP NAWIC 2019 is LESS THAN THREE WEEKS AWAY! Have you registered to be a volunteer at [www.futureconstructionleaders.org](http://www.futureconstructionleaders.org)? Due to a new policy, we are required to have all persons involved with the students, pre-register, so if you haven't, please do as soon as possible. **We need your help.** If you have any questions, please contact Isabel Marocco at: [izmarocco@caspercompany.com](mailto:izmarocco@caspercompany.com) We are still in need of breakfast sponsors for Monday through Thursday. Sponsoring a breakfast includes providing the meal and drinks, setting up, serving and cleaning up. Breakfast can be simple - breakfast burritos, sandwiches, bagels, fruit, cereal, yogurt. Just be sure to provide vegetarian and gluten free option for the kiddos that have special needs. Figure 150 people. Time frame is set up by 7:30am and clean up around 8:30am. We are grateful to all



[Read Full Report](#)

those companies who are lunch/breakfast sponsors, instructors, material suppliers and financial sponsors. We are \$10K away from our original budget of \$70K and because of all the inkind donations, the budget is looking pretty good! Along with the industry companies, it is important that we acknowledge the WIC Week, Anniversary-Executive Night and Golf Committees for your major efforts on behalf of Camp NAWIC. The first question we always ask where camp is concerned – “Is it good for the girls?” and if it is then it’s a definite go – Affiliation of union or open shop isn’t a question at camp – the question is, “what can you teach this young woman about your individual job that will convince her she has what it takes to explore becoming an electrician, sheet metal worker, plumber, carpenter, heavy equipment operator, surveyor or estimator, accountant, project manager or any construction industry person?”

If you haven’t volunteered at camp before, think about it – we need you and you need to be a part of building the future industry.

Remember: **Our Campers are part of our industry future. Tell them and they will forget. Show them and they will remember. Involve them and they will understand.**

Don’t you want to be a part? Register as a volunteer today!

If you have any questions, please direct them to Linda Young at [sdwic@cox.net](mailto:sdwic@cox.net) or Melinda Dicharry at [Melinda@pmccontracting.com](mailto:Melinda@pmccontracting.com).

#### **Golf – Paula Covert / Hailey Martensen**

- Tournament Date 9/12/19
  - Save the Date has been Email blasted
  - Jaime finished flyer and this has been Email blasted
  - Golf Clinics – June 12th, 19th, 26<sup>th</sup>
  - Silent Auction – thinking we will have a crew in a golf cart blasting silent auction items on the course
  - No Photos this year – instead golf cart ladies can take photos on people’s phone if they want one
  - Trophies for 1st, 2nd, 3rd. “10th Annual NAWIC Golf Tournament 2019” (something like that)
  - Signage on the course- We will do patient stories from Rady’s again this year. Attention getters to print. Hailey will do this with Tanya and Attention getters
  - Raffle tickets and Registration will be separate this year. We will have a couple lanes by alphabet to check in and then golfers can buy raffles, get goody bag, etc. at another table.
  - Silent Auction & Opportunity Drawing – Mariana, Mary R, and Brigitte are working on this
  - Poker Run – We would like to do one, need to research more on this.
  - 10th Anniversary Ball Marker Poker Chip- Ready to Print \_
  - Committee T-Shirts – NAWIC 10th Anniversary T Shirts, everyone please send in your size · PR- through Radio?Email local stations and see if we can blast the NAWIC tournament??
  - Set up Randy Jones certificate
- Committee Members: Hailey, Paula, Jaime, Mary, Mariana, Sheila, Tanya, Brigitte, Kathy Jo, Lorena, (Day of Kim Bell and Tammy) LOTS OF TO-DO’s!! \_
- Any questions or ideas, please reach out. Thanks Ladies!

## **Welcome New NAWIC Members!**

Please welcome our newest members to the NAWIC San Diego Chapter!

**Alex Gallagher**  
Stanley Black and Decker

**Hailey Martensen**  
J Geyer Plumbing, Inc.

**Marissa Houston**  
Statewide Stripes, Inc.

**Mary Webb**  
Hayward Baker

## Industry News

### **Protecting Employees from Third Party Harassment**

**Author, Chase Hixson, Account Executive, Rancho Mesa Insurance Services, Inc.**

The recent changes to California’s Anti-Harassment Training Requirements have prompted employers to take a closer look at their internal operations and how they can eliminate harassment from the workplace. A question that is frequently asked is “What happens if the harassment comes from someone other than one of my employees?” This is known as Third Party Harassment.

[Read More →](#)



## Education

### Heat Illness Prevention

Increasing heat safety awareness makes work a safer place for your employees. Get informed and ensure your company is in compliance. This course will cover topics like:

- Modified temperature guidelines
- Pre-shift meetings
- Supervisory expectations
- Clarification on Access to Water
- Clarification on Access to Shade
- Rest & Recovery periods
- Monitoring employees
- Weather Monitoring
- High Heat Procedures
- Emergency Response

**Date:**

Wednesday, June 5, 2019

**Time:**

9:00 AM to 10:30 AM

**Location:**

Boys & Girls Club of East County  
8820 Tamberly Way  
Santee, CA 92071



Please limit the training to 2 attendees per company.

[Register Online](#)

## Anniversaries

**Congratulations to our NAWIC sisters with anniversaries, this month!**

**Rhonda Mitchell** – 1991  
**Bridget Strickland** – 2017

## Birthdays

**Happy Birthday to our NAWIC sisters!**

**Myrna Taylor** – June 1  
**Mariana Rosillo** – June 7  
**Mary Roscoe** – June 12  
**Shawna Reckling** – June 16  
**Bridget Strickland** – June 16  
**Dianne Koehle** – June 20  
**Suzanne Ives** – June 22  
**Karrie Crawford** – June 24  
**Tiffany Carapella** – June 27

## 2018 – 2019 NAWIC San Diego Chapter Officers & Directors

### Officers

**Ashley Carnevale, Tru-Duct, Inc.**

**President**

(619) 672-6186

[NAWIC@Tru-Duct.com](mailto:NAWIC@Tru-Duct.com)

**Kimberly Bell, Pulice Construction**

**President Elect**

(702) 755-1588

[kbell@pulice.com](mailto:kbell@pulice.com)

**Lisa Thibodeaux, Construction Experts, Inc.**

**Vice President**

(760) 634-2474

[lisa@constructionclasses.com](mailto:lisa@constructionclasses.com)

**Helen Panebianco, Dynalectric San Diego**

**Recording Secretary**

(858) 527-2639

[hpanebianco@dyna-sd.com](mailto:hpanebianco@dyna-sd.com)

**Edna Rodriguez, Herc Rentals, Inc.**

**Corresponding Secretary**

(619) 322-3190

[edna.rodriguez@hercrentals.com](mailto:edna.rodriguez@hercrentals.com)

### Directors

**Lorena Quintero, Williams Scotsman**

**Director**

(866) 892-0188

[lorena.quintero@as.willscot.com](mailto:lorena.quintero@as.willscot.com)

**Mariana Rosillo, ETC Building & Design**

**Director**

(619) 864-0682

[mrosillo@etcusa.net](mailto:mrosillo@etcusa.net)

**Shelby Ballow, Dowling Construction Inc.**

**Director**

(858) 277-7988

[ShelbyG@dowlingconst.com](mailto:ShelbyG@dowlingconst.com)

**Amber Webb, Ryan Companies US, Inc.**

**Director**

(858) 812-7917

[amber.webb@ryancompanies.com](mailto:amber.webb@ryancompanies.com)

**Carol Hutchinson, United Site Services**

**Director**

(619) 218-0815

[carol.hutchinson@unitedsiteservices.co](mailto:carol.hutchinson@unitedsiteservices.co)

### About NAWIC

For more than 55 years, NAWIC has helped women take advantage of the opportunities in construction. Whether you want to embark on a new career, establish a networking base, be a mentor/mentee, make a difference in your community, continue your education, or invest in great friendships, NAWIC offers a variety of opportunities — large and small. Savvy NAWIC members, business owners and managers can expect value from their investment in NAWIC. NAWIC membership affords many opportunities, professional, educational and through the NEF (info from [NAWIC.org](http://NAWIC.org)).

**Core Purpose:** To enhance the success of women in the construction industry.

The Value of a NAWIC Membership:

val•u•a•ble —

1: *having monetary value*

2: *worth a good price*

3: *having desirable or esteemed characteristics or qualities*

4: *of great use or service*

5: *NAWIC membership.*

For more info, please visit: [www.nawic.org](http://www.nawic.org).



To no longer receive newsletter emails from NAWIC San Diego, please reply to this email with "remove from list" in the subject line. Or, contact Alyssa Burley at [aburlev@ranchomesa.com](mailto:aburlev@ranchomesa.com). CAN-SPAM ACT.

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